

# AFTERCARE GUIDE



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**XTREME**  
LASHES<sup>®</sup>

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Enjoy your beautiful new Xtreme Lashes® Eyelash Extensions with little need to adjust your lifestyle. Proper care and maintenance of your new lashes will ensure beautiful and long-lasting results!

## AFTER THE APPLICATION

Basic makeup application and normal lifestyle can resume after the eyelash extension application. However, the following activities should be avoided within the first 3 hours:

- Spray or airbrush tanning
- Exposure to excessive steam
- Exposure to excessive heat
- Contact lenses insertion
- Non Xtreme Lashes® cosmetics and skincare products

The following activities may weaken the adhesive bond and result in premature eyelash extension loss, and therefore should be avoided:

- Excessive exposure to friction
- Excessive use of oil-based eye care products on or near your eyelashes, such as eye creams, Vaseline® and cleansers
- Use of waterproof cosmetic products on or near the lashes, including waterproof mascara and eyeliner
- Excessive mascara application
- Use of mechanical or heated curlers
- Picking or pulling on your eyelashes
- Excessively rubbing your eyes
- Chemical treatments, such as eyelash tinting or perming

To prevent damage to your eyelash extensions, care should be taken when receiving any of the following procedures:

- Strong chemical peels or skin-resurfacing procedures that come in direct contact with the eye area.
- Facial treatments and facial massages

*Note: Always advise your esthetician or medical provider that you are wearing eyelash extensions before any facial procedure begins.*

## YOUR NEXT APPOINTMENT:

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

NOTES: \_\_\_\_\_

## RECOMMENDED AFTERCARE PRODUCTS CHECKLIST

Cleanse and groom your eyelashes and eye area with:



\_\_\_\_\_ **EYE MAKEUP REMOVER & FACIAL CLEANSER** is a nourishing, eyelash extension compatible cleanser formulated to safely and effectively remove makeup without disrupting the adhesive bond.



\_\_\_\_\_ **LINT-FREE APPLICATORS** help perform targeted and gentle eye makeup removal. These applicators are ideal alternatives to traditional cotton swabs, which contain fibers that may get caught between natural eyelashes and eyelash extensions.



\_\_\_\_\_ **FLEX TIP APPLICATORS** are specially designed to maneuver smoothly and gently across eye area contours. Its lint-free bristles produce an effective makeup-lifting lather. Also an ideal alternative to traditional cotton swabs.



\_\_\_\_\_ **LONG-TIPPED MICROFIBER BRUSHES** are long lint-free brushes that cover more surface area for faster cleansing. Its flexible tip bends easily for greater control, making them ideal for removing remnants of mascara or eyeliner.



\_\_\_\_\_ **DELUXE RETRACTABLE LASH STYLING WAND** is a compact brush for styling your Xtreme Lashes® Eyelash Extensions into place



\_\_\_\_\_ **PROTECTIVE COATING** is an essential product that helps extend the life of eyelash extensions by protecting the lash attachment area from perspiration, oil and debris. Do not apply this product during the first 48 hours following the eyelash extension application.

Treat, rejuvenate, and protect your eyelashes and eye area with:



\_\_\_\_\_ **AMPLIFEYE® LASH & BROW FORTIFIER** is a drug-free and clinically-proven treatment supercharged with 3 peptide complexes for longer, fuller, thicker, and more abundant natural eyelashes and brows.



\_\_\_\_\_ **AMPLIFEYE® LASH & BROW SUPPLEMENT** is scientifically formulated for use with topical Amplifeye Lash & Brow Fortifier. This supplement targets all 3 phases of hair growth with key nutrients, B vitamins, omegas and minerals.



\_\_\_\_\_ **TOTAL EYE REPAIR SERUM** is a clinically-proven multi-peptide treatment designed to minimize the appearance of fine lines, wrinkles, sagging skin, and puffiness on the under eyes and eyelids.



\_\_\_\_\_ **HYDRATING UNDER EYE GEL PATCHES** are rich in hyaluronic acid and botanicals to intensely hydrate and plump the skin.

Enhance and accentuate your Xtreme Lashes® Eyelash Extensions with:



\_\_\_\_\_ **LENGTH & VOLUME MASCARA** adds high impact definition, length, and volume to natural lashes and eyelash extensions. For eyelash extensions, use sparingly and only on the tips of eyelash extensions to achieve a more dramatic look.



\_\_\_\_\_ **GLIDELINER™ LONG LASTING EYE PENCILS** are eyelash extension compatible gel eyeliners formulated with long-wear technology, color-rich pigments, Vitamin E, and ingredients that won't disrupt the adhesive bond.



\_\_\_\_\_ **LONG LASTING BROW PEN** is an easy-to-apply, long-wear brow pen that produces natural, flawless results with ease.

VISIT [WWW.XTREMELASHES.COM](http://WWW.XTREMELASHES.COM) FOR MORE PRODUCT INFORMATION INCLUDING HOW-TO VIDEOS.

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